## जाहिर सुचना

उप आयुक्त (उद्यान विभाग), पनवेल महानगरपालिका हद्दीतील विविध १० ठिकाणी क्रॉस फिट मल्टी जिम स्टेशन बसविणेबाबत आवश्यक बाबींकरिता बाजारभाव दरपत्रके मार्गाविण्यात येत आहे. सदर बाबतचा तांत्रिक तपशील खालीलप्रमाणे आहे.

Sr. No	Description	Quantity	Rate
1	Stainless steel open air crossfit gym Length: 28' X Width: 16' X Height: 10'	10 Nos.	Rs Per Unit

## STAINLESS STEEL OPEN AIR CROSSFIT GYM TECHNCAL SPECIFICATIONS

- Complete Structured is manufactured in Stainless Steel SS202 material for product longevity.
- Base/Platform frame: Made up of 50 x 50mm M.S Square Tube with 2.5mm wall thickness.
- Base frame is further covered by 3mm thick heavy M.S Plate.
- Main frame support is made up of 100mm x 50mm x 2mm thick SS202 rectangular tube.
- Complete structure and Platform are precisely cut and prepared using Laser Cut Machine.
- Instruction or User Manual Board is made up of SS202 1mm thick sheet dimensioning 800mm x 600mm. Detailed work out session is descripted using printed vinyl sheet.
- All nuts, bolts and circlip are made up of SS 202 grade material.
- End Caps are made up of SS/High quality HDPE.
- Powder coating: The components are electro statically powder coated at minimum 80-100-micron thickness to make it resistant to scratch, corrosion, humidity and for additional weather protection.

## GYM STATIONS included in CrossFit gym is detailed below;

- 1. Single Bar: On height 8.5ft, made up of 33mm Dia SS 202 2mm thick pipe, rip support by laser cut 4 mm thick Sheet SS 202 size  $1100 \times 300 \text{ mm}$  4 nos.
- 2. Triangular Pull Up: Made up of 4mm SS 202 laser cut sheet 300mm x 50mm in triangular Shape and 33 dia SS 202 2mm thick 200mm length pipe.
- 3. Roman Ring. Placed on height of 10' ft, Rip Sheet made using laser cut 4mm thick SS 202 Sheet size  $1200 \, \text{mm} \times 300 \, \text{mm} = 04 \, \text{nos}$ . sheet, supported by 33 dia SS 202 2mm wall thickness pipe. Ring made of ABS & Nylon material  $4.5 \, \text{m}/14.75$  nylon web strap with cam buckle adjustment Strap width  $25 \, \text{mm}$  Ring Outer Dia  $230 \, \text{mm}$  Inner Dia  $180 \, \text{mm}$  thickness  $30 \, \text{mm}$ . textured ring surface for grip.
- 4. Rope Climber: Height 10'ft, made of 33 dia SS 202 2mm wall thick pipe, rip support prepared by laser cut 4 mm thick sheet SS 202 size 1200 x 300 mm 4 nos. Rope made up of organic high-quality jute with metal hook bolts both side of rope stitched with nylon fabric for durable and non-tearable rope of 40mm dia approx.
- 5. Abdomen Board: Main frame made of 50mm Sq. tube with 2mm wall thickness of SS 202 material and board is made up of 25mm dia pipe with 2mm wall thickness SS202 material, further supported by  $100 \times 50 \times 200$  material, further supported by  $100 \times 50 \times 200$  material,
- 6. Pushup Stand: Made up of 33mm Dia SS202 with 2mm thick pipe in 300mm X 150mm bending deign.
- 7. Triceps Dips: Structure made up of 100x50x2mm thick rectangular tube, 33mm dia SS202 2mm thick and 400mm length pipe knurling grip.
- 8. Twister: Twister plate made up of 240 x 240mm sheet with 4mm thickness. Bearing Bush 70 mm dia SS304 bearing permanent lubrication 6305zz of reputed brand. Hand rest made of 44mm dia SS202 pipe. Pin are made up of 25mm dia SS202. Foot rest is made using Aluminum Al 26 material dimensioning 265 x 325 x 5mm thick.

- 9. Dip Station: Structure of 100x50x2mm thick rectangular tube. 33mm dia SS202 with 2mm thick and 400mm length pipe knurling grip.
- 10. T-Bar: Made up of 100x50x2mm thick SS202 L-1200mm. Handle made up of 25mm dia solid bar SS202 L-1000mm and 5 Kg rubberized weight plate.
- 11. Leg Raiser: Made up of 50mm Sq. tube with 2mm wall thickness SS202 material. Back support made up of 33mm dia SS202 material with 2mm thick pipe. Handle is made in combination of 33mm and 25mm dia pipe SS202 material with 2mm wall thickness.
- 12. Leg Press: Structure is made up of 50x50x2mm thick square tube of SS202 material. Seat support is made using 42mm dia SS202 pipe with wall thickness of 2mm. Seat is made of HDPE blow moldings (size -380x275x60mm). Bearing bush are made of 60mm dia bar of SS202 material and self-lubricated imported bearing are used. Foot rest are made using aluminum material supported by 48mm dia SS202 2mm wall thickness pipe. Pivot Plate made of 8mm laser cut sheet of SS202. Pin are made of 25mm dia SS202 material.
- 13. Monkey Ladder: Made up of 33mm dia SS202 pipe 2mm wall thickness. Knurling Grips are given for perfect grip on Cross Support of 100X50 SS 202 rectangular tube of 2mm wall.
- 14. Wall Bar: Attached on a height of 6.5 ft and made up of 33mm dia SS202 2mm thick pipe, rip support made of laser cut 4mm thick sheet SS202 material (size 830 x 250 mm 4 nos.)
- 15. Hyper Extension: Hyper Extension foot rest is made up of 48mm dia and 2mm wall thickness SS202 pipe. Handle is made of 25mm dia SS202 pipe. Bench is made of 1mm SS202 sheet further supported by 100x50x2mm thick SS202 rectangular tube.
- 16. Stretching Platform: Handle made up of 33mm dia SS202 and 2mm pipe. Seat is made of HDPE blow molding, dimensioning 380x275x60mm wall thickness of 3 to 4mm. Bearing Bush 60mm dia in SS202 Bar. Self-lubricating imported bearing are used which is supported by 100x50x2mm thick SS202 rectangular tube.
- 17. Smith Machine: Made up of 33mm dia SS202 2mm thick pipe. 2 Nos. of Rubberized Weight Plate of 5 Kg each is attached which is further locked using 25mm dia SS202 2mm thick pipe in bending design and welded on end frames.
- १) सदर कामाची सूचना दि. **१**९/०९/२०२५ ते दि. ३०/०९/२०२५ पर्यंत सायंकाळी ०५:०० पर्यंत उपलब्ध राहणार आहेत.
- २) सीलबंद निविदा 36 /०९/२०२५ पर्यंत सायंकाळी ०५:०० वाजेपर्यंत पनवेल महानगरपालिकेच्या उद्यान विभागात स्विकारण्यात येतील व प्राप्त झालेली दरपत्रके शक्यतो दि. ७९ /१०/२०२५ रोजी सकाळी ११.३० (शक्यतो) वाजता उपस्थित ठेकेदार यांच्या समक्ष उघडण्यात येतील.

३) अटी व शर्ती युक्त निविदांचा विचार केला जाणार नाही.

उप आयुक्त उद्यान विभाग पनवेल महानगरपलिका

जा.क्र पमपा/उद्यान/*९*७१७ /प्र.क्र.५८/ ६*५*८ /२०२५

दि. २१ /oe/२०२४

## प्रत माहितीस्तव –

- १. प्रसिध्दीकरीता
- २. माहिती फलक करीता